

Cape Wrath Challenges 2009
Sangomore Hill Run (Short) - Tuesday 19th May 2009

<u>Number</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Age</u>
170	BRODICK, Ian	Liss Runners	00:32	48
55	FLANNIGAN, Teresa Jane	Pitsea RC	00:36:23	57
157	GROSS, Nicholas		00:31:59	48
290	JACKSON, Heather		00:45:10	63
289	JACKSON, Keith		00:45:10	62
214	SIMPSON, Alex	Strathaven Striders	00:33:12	51
283	SOUDEN, John		00:37:51	
186	WESTLUND, Marielle	Serpentine Running Club	00:30:24	38