

Cape Wrath Challenges 2009
10K Results - Monday 18th May 2009

<u>Number</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Age</u>
157	GROSS, Nicholas		00:43:01	48
144	ROBERTS, Richard		00:43:35	45
186	WESTLUND, Marielle	Serpentine Running Club	00:43:42	38
53	BRANDON, Paul	Eton Manor AC	00:43:48	41
170	BRODICK, Ian	Liss Runners	00:44:41	48
211	MARDON, Stephen	Highland Hill Runners	00:45:35	49
61	BOLISTER, Sharon	Eton Manor AC	00:45:53	26
74	HARVEY, Ian		00:45:59	36
181	ROBINSON, Liu	Serpentine Running Club	00:46:15	
274	RIDDOCH, Claire	Forres - Jog Scotland	00:46:20	
125	WITKAMP, Jan		00:47:38	53
95	MANSON, Fiona	Perth Road Runners	00:47:44	40
213	BRADLEY, Nicholas	Meirionnydd Running Club	00:47:56	54
30	CLARKE, Christopher	Biggleswade AC	00:48:22	56
147	STRINGER, Graeme		00:49:34	44
154	COLES, Simon	Serpentine Running Club	00:49:58	51
26	BUSH, Nigel	Biggleswade AC	00:50:26	61
276	ROSBROOK, Mike	Orion Harriers	00:50:26	71
249	MCFARALINE, Rhona		00:50:34	28
248	ARNOLD, John		00:50:34	48
221	COLLINS, Harry	North Norfolk Beach Runners	00:52:14	59
175	DAYE, Simone		00:52:37	36
158	PEARS, Caroline	Moray Road Runners	00:52:42	44
90	SAYER, Glyn	Eton Manor AC	00:52:58	66
55	FLANNIGAN, Teressa Jane	Pitsea RC	00:53:09	57
184	O'NEILL, Linda	Perth Road Runners	00:53:12	45
115	COLLINS, Diane	North Norfolk Beach Runners	00:53:55	56
282	JONES, Sioned		00:55:35	32
54	CRAIG, Andrinne	Stonehaven Splash & Dash	00:56:33	27
283	SOUDEN, John		00:56:55	
273	KOHN, Patricia		00:57:15	67
56	FLANNIGAN, Peter	Pitsea RC	00:58:45	59

126	CALLISTER, Jude		01:01:18	47
40	SOUDEN, Lorna	Aberdeen Metro Running Club	01:02:19	58
262	WOOD, Anne		01:03:15	
240	GROSS, June		01:09:36	49
36	DEADMAN, Pete	Orion Harriers	01:21:59	64
143	ROBERTS, Suzanne		01:31:26	43
114	CIMA, Lorna		01:31:26	54